



Mini Ice Cream Pies



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1/5th of recipe (3 mini pies, before toppings): 63 calories, 2g total fat (0.5g sat. fat), 50mg sodium, 12g carbs, 1g fiber, 2g sugars, 3.5g protein

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Prep: 5 minutes



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Ingredients

15 frozen mini phyllo shells (like [the kind by Athens](#)), thawed
1 cup light ice cream with about 300 calories per pint
Topping suggestions: sprinkles, whipped topping, maraschino cherries

Directions

Using a melon baller or cookie scoop, fill thawed phyllo shells with ice cream (about 1 heaping tbsp. each).

Add your favorite toppings.

MAKES 5 SERVINGS

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